

The next step

The Police refer residents on to us so that we can help you ensure your home is safe and secure. Please contact us to find out more about the help, advice and services we provide as part of our anti-burglary support project.

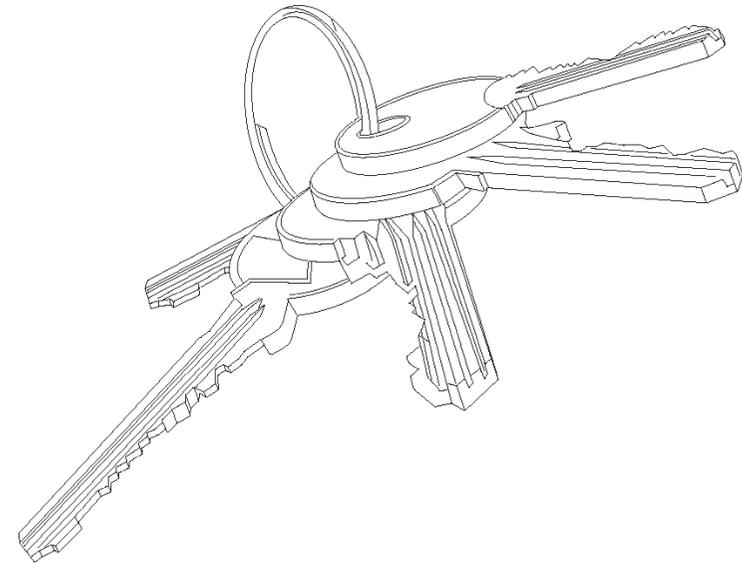
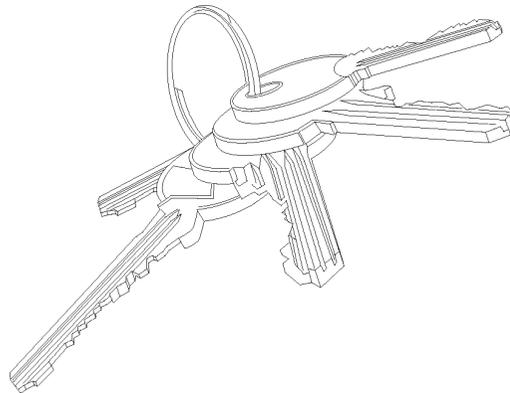
You can call us on **020 3535 4700**

or email us at **support@metropolitan.org.uk**

Or, if you prefer, please write to us at:

Care and Repair

Metropolitan
Cambridge House
109 Mayes Road
London, N22 6UR



Metropolitan
Improving **life** together

Contact us

t: 020 3535 4700

email: support@metropolitan.org.uk

www.metropolitan.org.uk

Anti-burglary support project

Free advice and support to help make your home safe

Metropolitan is a leading provider of integrated housing services, care and support and community regeneration.

Metropolitan is the brand name for Metropolitan Housing Trust Limited (MHT) and Metropolitan Support Trust (MST), registered office: Cambridge House, 109 Mayes Road, Wood Green, London N22 6UR. MHT Ltd is charitable, registered under the Industrial & Provident Societies Act 1965, No. 16337R and registered with the Tenant Services Authority, the regulator of social housing, No. LO726. Consumer Credit Licence No. 557055. MST Ltd is registered in England and Wales No 01993366. Registered with the Tenant Services Authority, the regulator of social housing, No. LH3741 and with the Charity Commission, No. 298096.

Did you know....?

- In three out of ten burglaries, thieves don't need to use force; they get in through an open door or window
- 58% of burglaries take place in the evening or night and 34% happen at the weekend.

We are sorry that you have experience of crime at home. It is extremely upsetting and can take a considerable time until you feel safe and secure again. However, there are lots of simple steps that you can take to minimise your chances of being a victim again, for example leaving a radio on or connected to a timer when you're out, leaving lights on when you're out in the evening, making sure you always lock doors and windows when you go out—even if you're just popping to the shop for five minutes.

How we can help you feel safer at home

We run an anti-burglary support project which is jointly funded and supported by:

- The Metropolitan Police
- Victim Support
- Haringey Council
- Age UK Haringey

Who the anti-burglary project supports

Our service is available to Haringey residents over the age of 60, who have unfortunately already experienced crime. There are a range of benefits, including:

- free fitting of window and door locks
- free fitting of spy holes, door chains and bars
- free help and advice on how to deal with bogus callers
- help completing insurance forms if you have been the victim of a burglary
- free help and advice on reglazing or replacing damaged doors and windows.

We can also supply locks for £10 (up to a maximum of four locks); all other services are free.

